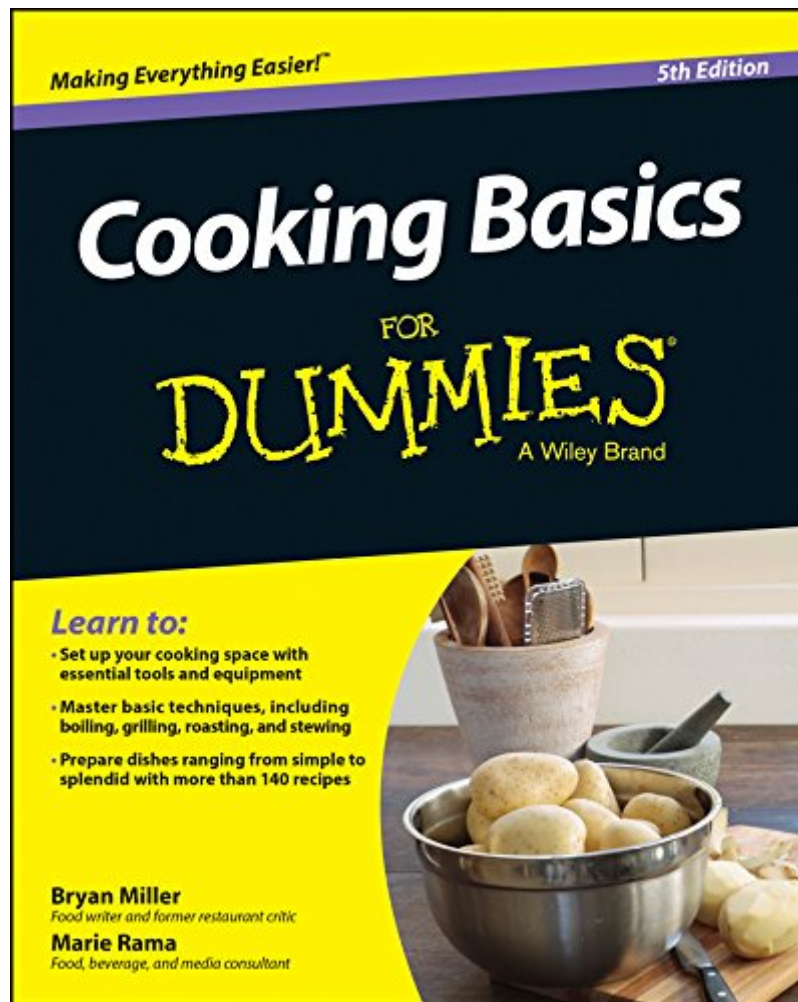


The book was found

Cooking Basics For Dummies



Synopsis

Get started cooking now with *Cooking Basics For Dummies*, 5th Edition! Are you looking to dig yourself out of microwave dinners and learn the ropes of home cooking? *Cooking Basics For Dummies*, 5th Edition takes the intimidation out of cooking and helps you start cultivating your culinary prowess in no time. From learning fundamental cooking techniques like dicing, chopping, and sautéing to creating delicious, easy-to-follow recipes, you'll discover how to cook up crowd-pleasing meals the whole family will enjoy—all without breaking a sweat! Even if you've never cracked an egg, this friendly, practical guide gives you all the ingredients to become a superior home cook. In plain English, it explains step-by-step how to master popular cooking techniques, such as dicing vegetables, hard boiling an egg, making quick and delicious sauces, planning menus, stocking your pantry, and so much more. Packed with more than 150 easy-to-follow recipes for every meal of the day, from mouth-watering mains to sumptuous sides to delectable desserts. Helps you master grilling, slow cooking, baking, roasting, pressure cooking, and more. Includes tips on adapting meals to meet the latest dietary trends, such as low-sugar, low-sodium, low-fat, plant-based, and vegetarian diets. Covers shopping at farmer's markets and buying organic foods. *Cooking Basics For Dummies*, 5th edition is for every beginner cook or polished chef looking for a refresher on breathing new life into home-cooked meals.

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Customer Reviews

I gave this as a gift to my teenage cousin for christmas. He was certain it was a gag gift, but I have heard he has pulled it out as a reference in his few attempts to keep himself fed. A great basic step by step cookbook for someone who is truly clueless about cooking.

I bought this for my sister who is notorious for being a hopeless cooking case. It is simple, easy to understand and informative. I am confident it will finally get her on the track to putting meals on the table!

Great book for an amateur cook such as myself...very well written and with a broad array of easy to prepare recipes...I would recommend this book for anyone who needs brushing up on the basics as well as entry level cooks like myself.

It was a gag gift for a friend who recently lost his wife and didn't know anything about cooking. I have used "Dummies" books in the past and have always considered them great.

My Mom was a terrible cook, and so am I. This book has taught me somethings that I didn't know. This is a fun book.

Learning to cook is a breeze with this book!

Got this as a gift for my future daughter in law. I got cooking for dummies years ago and loved it because the receipies are easy to follow also provides great tips on how to set up your kitchen.

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